

## Pre-surgical Instructions



### *Prior to IV Sedation*



1. Nothing to eat or drink (include water) for 6 hours prior to the appointment.
2. If you routinely take prescription medications in the morning, please consult the office before skipping your medicine prior to surgery.
3. Wear loose fitting clothing (no turtle necks, tights, etc.) to accommodate monitoring during sedation. Sleeves must be able to roll up loosely above the elbow for the blood pressure cuff.
4. Please remove nail polish from at least two fingers for oxygen monitor to be placed during surgery.
5. Do not smoke for at least 12 hours prior to surgery. Hold smoking for two weeks in advance if possible. Smoking compromises lung function during sedation.
6. The patient must have an escort 18-years of age or older to accompany the patient during discharge.
7. The patient should not drive a vehicle or operate any machinery for 24 hours after having IV sedation.
8. Contact lenses, jewelry, and dentures must be removed at the time of surgery.
9. If you have an illness such as a cold, runny nose, stomach or bowel upset, please notify the office as soon as possible.
10. Please refrain from taking Chinese herbal medicines for 2 weeks prior to surgery.